

Bowen and NST Research Projects and Pilot Studies have included:

Autonomic nervous system	Dr Jo-Anne Whittaker (USA) ⁽²⁾	1997
Temporo-mandibular joint	Dr John Bauman (USA)*	1998
Blood chemistry	Dr Jo-Anne Whittaker (USA)*	1998
Lymphatic drainage	Eilish Lund (UK)* 'Proof!' (magazine no longer published)	Winter 1998/9
Frozen shoulder	Kinnear/Baker ⁽¹⁾ Carter/Minnery ⁽²⁾	1998-2001 2002
Fibromyalgia	Tim Willcocks (UK)*	1997-8
Migraine	Nikki Arriff/BTPA ⁽³⁾	2001
Asthma	Nikki Arriff/BTPA ⁽³⁾	2002-4
Cerebral palsy	Howard Plummer*	1999, ongoing
Severe, chronic back pain. Psicosomatico Institute, Milan, Italy. WHO and Italian Govt.	M. Nixon-Livy ⁽⁴⁾	2004-2006
Back pain	BTPA/BTER ⁽³⁾	2007
Neck and Shoulder pain	BTPA/BTER ⁽³⁾	2008
Ankle-Knee pain	BTPA/BTER ⁽³⁾	2009
Hamstring Flexibility.	ECBS ⁽¹⁾ Journal of Bodywork & Movement Therapies	July 2011

Numbered references:

1. ECBS: thebowentechnique.com
2. Bowentraining.co.uk/research
3. BTPA (formerly BTER): bowen-therapy.co
4. M. Nixon-Livy: nsthealth.com

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